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Questions?

Contact Judy Naughton, U-46 District Dietitian, at judithnaughton@u-46.org or call (847)-888-5000 ext. 5034 March

2024

Supper Menu

*MENU SUBJECT TO CHANGE



*WGR= Whole Grain Rich

MONDAY WEDNESDAY **TUESDAY THURSDAY FRIDAY** Choice of up to two fruits. two vegetables, and one milk choice, either 1% plain NO SCHOOL or flavored or unflavored fat-free milk with all **INSTITUTE DAY** entrees. 8 Sunjammer (WGR)* **Nachos** Yogurt, String Cheese, Ham & Cheese **Cheese Croissant** Carrots (chips (WGR)*, cheese Grahams (WGR)* Sandwich on a Bun (WGR)* (WGR)* Trail Mix Pizza Fava Beans cup, and bean dip) **Carrots** Corn Banana **Buffalo Fava Beans Fruit Cup** Juice **Apple Slices** 11 12 13 14 15 **Nachos** Sunjammer (WGR)* Sunjammer (WGR)* Yogurt, String Cheese, **Cheese Croissant** (chips (WGR)*, cheese **Green Beans** Carrots Grahams (WGR)* (WGR)* cup, and bean dip) **Trail Mix** Trail Mix Lima Beans Side Salad Corn Banana **Apple Slices** Juice 22 18 19 20 21 Ham & Cheese **Nachos** Sandwich **Cheese Croissant** NO SCHOOL (chips (WGR)*, cheese **Turkey Ham & Cheese** on a Bun (WGR)* (WGR)* Slider (WGR)* cup, and bean dip) **ELECTION DAY** Cauliflower Pizza Fava Beans **Carrots** Broccoli **Fruit Cup** Fruit Cup Juice **Apple Slices** 27 26 28 25 Spring Recess

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